

# Grapevine



Volume 48, Number 5

January 2016

## Still Time to Support the AAUW Funds!



Keith Raffel

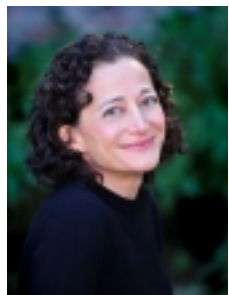
### Author's Luncheon 2016

AAUW Funds Fundraiser. | Reservations are required.

**Tuesday, January 19, 2016 - at the California Café in Old Town Los Gatos.**

*This Grapevine issue has more information about the latest books from our three authors on page 4. To make your reservations for this popular annual event see the enclosed flyer.*

—Judy Borlase (408) 358-2262 | [judith@borlase.com](mailto:judith@borlase.com)



Donia Bijan



Pamela Spahr



*Make the reservations for yourself and guests today!*

## Celebrating Roe v. Wade . . .

### Step Up for Pro-Choice!

**Friday, January 22, 2016 from 12:00 Noon – 1:15 pm**

Los Altos Youth Center, 1 N. San Antonio Rd., Los Altos  
\$2 Registration at the door.

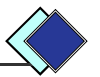
**Celebrating the 43<sup>rd</sup> Anniversary of  
Roe v. Wade**

Join **Los Altos-Mountain View AAUW**  
And the **Santa Clara County Pro-Choice Community**





## Letter from the Leadership Team



### AAUW “Half-Year” Membership Now Available

Starting January 1, the **cost of a national AAUW membership** is only \$24.50 for the rest of the program year instead of the regular cost of \$49. The annual dues for California AAUW (\$20) and for our Los Gatos-Saratoga branch (\$20) do not change. What that means for new members is that they only pay \$64.50 for a membership that extends through June 30, 2016.

Maybe that doesn't sound like such a big deal – saving \$24.50. But if one of your friends or neighbors has been thinking about joining and just hasn't quite decided, it could be enough of a saving to make the difference. They would be supporting the goal of AAUW to “advance equity for women and girls through

advocacy, education, philanthropy and research” and enjoying everything that AAUW has to offer them personally.

As you begin to work on your 2015 tax returns, you should know that part of your **national dues may be tax-deductible** on your income taxes. Of your national dues, which are normally \$49, a total of \$46 is tax-deductible if you are itemizing this year. Branch and state dues are NOT tax-deductible.

For membership forms and more information, contact Virginia Turner at (408) 866-4234 or by email at [vturner@sbcglobal.net](mailto:vturner@sbcglobal.net) or visit our branch website [www.aauw-lgs.org](http://www.aauw-lgs.org).

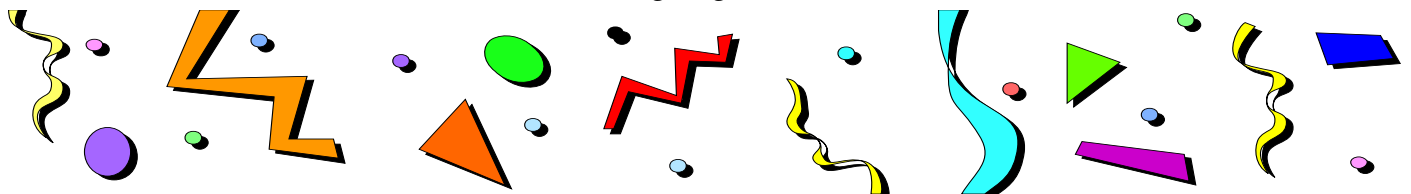


*“We can do no great things, only small things with great love.”*

–Mother Teresa

*“Everyone thinks of changing the world, but no one thinks of changing himself.”*

–Leo Nikolaevich Tolstoy



### Meet the Branch Leadership Team

**Judy Borlase.** Born in Canada, I started my degree at the University of Western Ontario but met my husband who wanted to escape the cold. We moved first to Boston and then to sunnier climes in Southern California where I finished my degree at Cal State Long Beach.

I taught middle school Core (Language Arts and History), raised three children, (41-52), sadly no grandchildren, and more sadly, widowed in 2009.

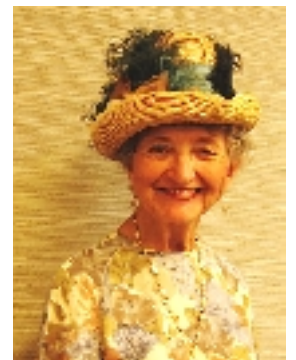
My love of traveling brought me to safaris in East Africa, Peru, Ecuador, the Galapagos, and Belize. Also excursions to Europe, Vietnam, China, and Japan. Next year bring travel to SE Asia again, as well as Ireland, and a road trip in Canada.

I love my two rescue dogs and gardening. One rescue was 15 years old and bears out the truth in the phrase, “No good deed ever goes unpunished!”

Much of my free time is spent volunteering at First Presbyterian church in San Jose with their Homeless

outreach programs—Front Door Ministry and the Women's Gathering Place. I am active at both the Los Gatos Presbyterian Church and the San Jose Woman's Club.

**What do I do for fun?** With AAUW, I am in one of three book clubs and play in several duplicate bridge games, and enjoy the Gourmet Supper Club. I enjoy bird watching though the eyes aren't what they were, and do all the puzzles in the morning newspaper. And of course, this year I am chairman of the Authors' Luncheon and fundraiser. (See info in the current Grapevine.) Please join us for a wonderful lunch and program. Looking forward to seeing you there!



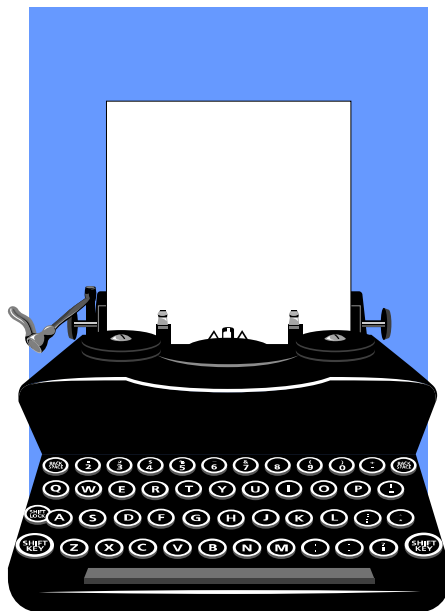
## Los Gatos-Saratoga AAUW: The 1970s

The word for this decade was EQUALITY. 1971 brought official support for the Equal Rights Amendment which became the Association's top priority in 1975: "Equality of rights under the law shall not be denied or abridged by the United States or by any State on account of sex."

Our Branch strongly endorsed and actively supported the Los Gatos Union High District Bond authorization for \$1,850,000 to replace the previously authorized bonds. An Interbranch study on Truth in Balloting Information resulted in a disclaimer to be printed in all voters' pamphlets that the information presented is not necessarily accurate.

Over the decade many AAUW members served in elected office. **Ruth Cannon** was Mayor of Los Gatos, **Joan Goodill** was on the Saratoga Union School District Board of Trustees, and **Mildred Wharton** was President of the West Valley College Board of Trustees. **Peggy Corr** was elected to the Saratoga City Council, **Louise Cooper** and **Kathy Mellema** were members of the Los Gatos school board, and **Sally Drake, Marlene Duffin** and **Ethel James** were members of the Saratoga school board. **Helen Nesbett** became Mayor of Monte Sereno. Many other members served on boards and advisory

See next month's February 2016 *Grapevine* for the Los Gatos-Saratoga AAUW branch in the 1990s.



committees in a wide variety of positions.

By the middle of the decade the branch had more than 500 members

The branch became politically active by protesting to Saratoga City Council the \$130 per year charge for the city agenda packets. The Branch actively supported a new city library on the Saratoga and Fruitvale Avenues site. As a member of the Saratoga Bicentennial Committee, **Margie Foote** produced The Saratoga Walking Tour in cooperation with the Saratoga Historical Foundation and coordinated the Saratoga Bicentennial Festival.

### Memories of the 1970's

- California population in 1970 - 20.0 million
- Margaret Thatcher becomes Prime Minister of the UK
- Watergate
- Title IX passes
- American Bicentennial celebrations
- Toyota Corolla - \$3,700
- Heinz ketchup - 19 cents
- Wrangler jeans - \$9.95
- Gallon of gas went from 36 cents in 1970 to 86 cents in 1979

### Popular Culture

- Best-selling books: *Love Story*; *Watership Down*; *Shogun*; *The Exorcist*; and *The Thorn Birds*
- Oscar-winning movies: "The Sting"; "The Godfather"; "Jaws" and "Star Wars"
- On Broadway: "Equus" and "The Elephant Man"
- Emmy Awards: All in the Family; M\*A\*S\*H; Upstairs, Downstairs; Saturday Night Live; Taxi; "Bridge Over Troubled Water"; "Send in the Clowns"; "Hotel California"; and "Just the Way You Are"
- Popular songs: "Bridge Over Troubled Water", "First Time Ever I Saw Your Face", "Hotel California", "Send in the Clowns", and "Proud Mary"



## Preview of the 2016 Author's Luncheon Books

### Benefiting AAUW Funds

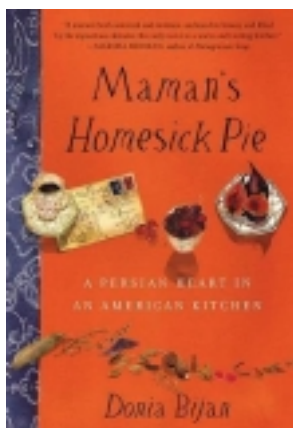
Tuesday, January 19, 2016

California Café (Old Town), 50 University Av, Los Gatos

11:00 am No-host Wine Bar | 11:45 am Lunch

\$55 (\$23 tax deductible) / Make Your Reservations by January 13, 2016.

### About the Authors' Books . . .



In *Maman's Homesick Pie: Persian Heart in an American Kitchen*, Doria Bijan uses the language of food to tell her story in this eloquent, heartfelt memoir, interspersed with thirty inspired recipes taken from Bijan's experiences: from her Iranian childhood (*Saffron Yogurt Rice with Chicken and Eggplant, and Orange Cardamom Cookies*), her French training (*Ratatouille with Black Olives and Fried Bread, and Purple Plum Skillet Tart*), and her cooking career (*Roast Duck Legs with Dates and Warm Lentil Salad, and Rose Petal Ice Cream*). Doria's love for her mother and her home, as well as for adventure and the power of good food, sings from every page.

Her idyllic childhood ended in 1978 when the Islamic Revolution forced her family to flee to the United States. Doria's journey continues in America where, as a teenager, she was seduced by fast food and designer jeans, and then on to France where her passion for cooking led her to study at the prestigious Cordon Bleu. Ultimately Doria returned to the U. S., where the national media such as *Elle*, *Bon Appetit*, and *Gourmet Magazine* praised her as a chef in some of San Francisco's best restaurants and, later, for her own French-inspired bistro, *L'Amie Doria*.

In the eBook *Caregiver's Survival Toolkit: Go from Surviving to Thriving*, Pamela C. Spahr addresses the many struggles common to caring for demential and Alzheimer's patients!

Learn how to get your patient's or loved one's willing cooperation. Learn some easy to use techniques for managing day-to-day emotional upheavals.

**INSIGHT:** Discover the impact of dementia and Alzheimer's disease on the family unit. Gain insight into what the patient experiences.

**IMPACT:** Learn effective techniques you can use immediately, whether you are a new family caregiver, a professional caregiver with limited experience, or a "veteran" caregiver with years on the job.

**RESULTS:** Recognize whether you are getting the results you deserve. Find out how to increase your effectiveness.

**DISCOVER:**

- Many challenges facing caregivers and families of caregivers.
- How one dementia patient, my husband, sees his world.
- A 6 step process to approach any caregiving situation.
- Ways to "read" your patient's emotional state to ensure successful outcomes, every day.
- 6 revolutionary new techniques to manage your most difficult caregiving situations.
- How your emotional state affects both you and your patient.



In *Temple Mount*, Keith Raffel has written a book where, according to Joseph Finder – the New York Times bestselling author of *Suspicion* and *Paranoia*, we find “*Silicon Valley meets Raiders of the Lost Ark.*”

Keith Raffel grew up reading the great Cold War thrillers by John le Carré, Len Deighton, and Ross Thomas set in the partitioned city of Berlin. He wanted to set a novel in the contemporary equivalent of Cold War Berlin. Where else but Jerusalem? Like the German metropolis of a generation ago, it is a great city claimed as a capital by two opposing civilizations.

In Jerusalem he visited the Western Wall, known as the holiest spot in Judaism. In recent years archeologists have dug a tunnel parallel to and underneath the Wall. Walking along that tunnel, he noticed a circle of concrete among the huge blocks of limestone. Raffel learned authorities had plugged a hole where the Chief Rabbi of Israel and others had in 1983 been secretly drilling.

Asking “*What if?*” What if the Ark had indeed been hidden away under the Temple Mount? And then, what if our hero’s grandfather had been with the Chief Rabbi and seen the Ark? And finally, what if on his deathbed, he asked our hero to go back and find it? I was off and writing, and my fifth novel, *Temple Mount*, is the result!

## AAUW Members Contribute to the Holiday Spirit of Giving

Gifts for Teens thanks all the AAUW members who so generously donated cash/items or their time filling holiday gift bags this year. With your help, Gifts for Teens was able to reach our goal of filling 1, 248 bags that included a warm sweatshirt, scarfs, hats and gloves and other practical and fun items.

A special thanks goes to Sacred Heart Community Services for their donation of snack food items for the gift bags. Remember, its not too to donate to Gifts for Teens. Whole Foods Market Blossom Hill continues their Nickels for Non Profits program through January 17, 2016 and is sponsoring Gifts for Teens as their end of the year recipient.

How can you help? Every time you shop at the Whole Foods Market Blossom Hill store, bring your own re-usable bag. Simply tell the cashier at the end of your transaction you would like to donate the bag refund and Whole Foods will donated 5 cents to Gifts for Teens for each bag. Every nickel counts! The final donation total will be published in February.

–Jan Giroux, *Gifts for Teens*  
Jgiroux603@aol.com

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*“Being good is commendable, but only when it is combined with doing good is it useful.”*

–Author Unknown



## Mary Pastrone

January 28, 1930 – December 8, 2015  
Resident of Los Gatos

Mary Pastrone, longtime resident of Los Gatos and member of the Saratoga Federated Church choir, passed away peacefully on December 8th with her husband of 60 years John Pastrone by her side. She had declined progressively during 2015 from complications brought on by a fall at her home.

Mildred Mary Cappa was born on January 28, 1930 to Victor E. Cappa, a prominent international lawyer, and Mildred Jessup, a high school teacher. Mary grew up in Downey, California, where she developed a lifelong love of music and the beautiful singing voice that led to her earning her B.A in Music at the University of the Pacific in Stockton in 1952.

Mary moved to Berkeley, California, where she taught primary school and met Giovanni [John] Pastrone, who had moved to the US in 1950 from Italy to study engineering at the University of California. They were married in 1955. The family lived briefly in San Leandro before buying the home in Los Gatos in 1965 where they raised their sons Michael, Paul and Scott. Mary and John helped establish the Los Gatos Parent Nursery School, and designed and built many of the children's play structures there. Mary was very active in the PTA and served as one of the original Art Docents visiting community schools. Over the years she was deeply involved in the American Association of University Women (AAUW), most recently as chair of the "*Sights and Sounds*" group. Mary was a Named Gift Honoree in 1979 recognizing her dedicated service to AAUW. Mary also enjoyed bringing professional musicians to Los Gatos while serving on the Los Gatos Community Concert Series board.

Mary had a deep passion for foreign travel, spoke Italian and Spanish, and frequented the opera and lectures on current topics whenever her busy schedule allowed. She was dedicated to her family and her cherished Los Gatos community, and rarely missed choir practice or a concert at the Saratoga Federated Church, where she could be spotted on the risers sporting a distinctive white streak of hair.

Mary is dearly remembered by her friends and her loving husband John; her son Michael, his wife Nancy, and their son Michael David of Boston; her son Paul, his wife Lauri, and their children Giovanna and Nicolo of Los Gatos; and her son Scott, his wife Karen, and their children Jordan, Noah, and Mia of Santa Cruz. In lieu of flowers, an "*in memory*" donation in Mary's name can be made to AAUW. A Celebration of Life will be held in early 2016 at Saratoga Federated Church.

## The Reads for PM Book Group!

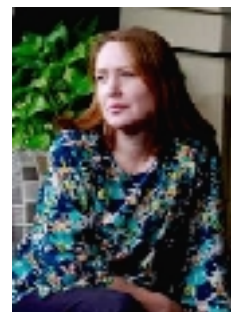
7:30 pm, Saratoga Retirement Community

### January's Book

Book: "*The Girl on the Train*"

Author: Paula Hawkins

Reviewer: Marlene Lamb



Paula Hawkins

### February's Book

Book: "*God's Hotel*"

Author: Victoria Sweet

Reviewer: Roberta London



Roberta London

### Armchair Travel Adventures.

*Adventures In Iceland, Circumnavigating The Ring Road* – Photographer **Tim Meadows** will show you the scenic splendor, a veritable photographer's paradise. You'll see waterfalls galore, glacier hiking, a lagoon full of icebergs, and the rugged interior scenery. Chair: JoAn Lambert, (408) 867-6237.

## January 2016 AAUW Calendar

- 4 Monday **Board Meeting.** Meets 3:00 pm (*Permanent Time Change*) Saratoga Fire Station, Community Room (*corner of Saratoga Ave & Saratoga/Los Gatos Rd.*)
- 5 Tuesday **Conversation is Spanish.** Meets 1:00-2:30 pm at Nancy Anderson's home (*13561 Lomond Ct, Saratoga*). Join us to develop, maintain, or improve your conversational skills. RSVP to Nancy Anderson, (408) 867-4383. Chair: Sharon Kelkenberg, (650) 962-1656.
- 8 Friday **Armchair Travel Adventures.** Meets 7:30 pm at The Terraces (*800 Blossom Hill Rd., Los Gatos*). **Ethiopia: Abyssinia Today.** Join photographer **Alan Levenson** as he traveled to Ethiopia for three weeks in 2015. He spent two weeks in the Northern part of the country, focusing on historical towns, sites and architecture. He spent the final week of the trip in the South, visiting the tribes who live today much as they have for thousands of years. Chair: JoAn Lambert, (408) 867-6237. Co-chair: Pat Khan. **Members and Guests Welcome!**
- 12 Tuesday **Committee for Homeless Women and Children.** Meets at 7:00 pm at Nancy Anderson's home (*13561 Lomond Ct, Saratoga*). RSVP: Chair, Nancy Anderson, (408) 867-4383. **All are Welcome!**
- 13 Wednesday **Let's Do Lunch.** Meet 12:30 pm at *Mint Leaf (14420 Big Basin Way, Saratoga)*. RSVP to Roberta London, (408) 741-7645; or Chair Joanna Yates, (408) 395-2950. **Everyone is Welcome.**
- 14 Thursday **Scenic Hikes and Walks – Uvas Canyon.** If we are lucky and have rain (*but a nice day*) we will hike 5-7 miles past some lovely waterfalls in the cool canyon and up the ridge for some grand views. Uvas is on the western slope of the valley south of LG. Meet promptly! 9:00 am at the Los Gatos "Free Parking - Northside Lot" behind Starbucks. Questions? Jane Bishop, (408) 356-7796; Kay Duffy, (408) 867-0508. **New Hikers Welcome!**
- 15 Friday **AM Book Review.** Meets at 9:30 am. Bring a book (*good or bad*) you would like to talk about. For meeting location or details, contact chair Margaret Bard (408) 377-6625 or [margaretbard@gmail.com](mailto:margaretbard@gmail.com). **New Participants Welcome!**
- 19 Tuesday **Fundraiser – Author's Luncheon 2016.** Tuesday, January 19, 2016, at the California Café (Old Town), 50 University Ave, Los Gatos. Meet our three authors: Donia Bijan, Keith Raffel, and Pamela Spahr. Tickets: \$55 per person (\$23 tax deductible); Reservations with payment must be received by January 13, 2016. *See front page and flyer for details.*
- 19 Tuesday **PM Book Group.** Meets 7:30 pm at Saratoga Retirement Community (*14500 Fruitvale Avenue, Saratoga*). **Book: "The Girl on the Train"** by Paula Hawkins. Reviewed by Marlene Lamb. RSVP: Marilyn Lenormand, (408) 741-7820. Chair: Marlene Lamb, (408) 497-1555.
- 26 Tuesday **Conversations in Spanish.** Meets 1:00-2:30 pm at Nancy Anderson's home (*13561 Lomond Ct, Saratoga*). Join us to develop, maintain, or improve your conversational skills. RSVP to Nancy Anderson, (408) 867-4383. Chair: Sharon Kelkenberg, (650) 962-1656. **New members and Visitors are Welcome.**
- 28 Thursday **Back by Noon Hike.** Exercise 5 miles on nearby trails + coffee or lunch. Meet promptly! 9:00 am in Saratoga at Argonaut Center, (*way out in front of CVS*). Questions? Jane Bishop, (408) 356-7796; Kay Duffy, (408) 867-0508. **New Hikers Welcome!**
- 29 Tuesday **Film Buffs.** Meet at 12:00 noon. For more information about location, call the Chair: Mary Ellen Madden, (408) 264-4488.

### February 2016

- 1 Monday **Board Meeting.** Meets 3:00 pm (*Permanent Time Change*) Saratoga Fire Station, Community Room (*corner of Saratoga Ave & Saratoga/Los Gatos Rd.*)
- 2 Tuesday **Conversations in Spanish.** Meets 1:00-2:30 pm at Nancy Anderson's home (*13561 Lomond Ct., Saratoga*). Join us to develop, maintain, or improve your conversational skills. RSVP to Nancy Anderson, (408) 867-4383. Chair: Sharon Kelkenberg, (650) 962-1656. **New Members and Visitors are Welcome.**
- 5 Friday **Armchair Travel Adventures.** Meets 7:30 pm at The Terraces (*800 Blossom Hill Rd., Los Gatos*). *See description of program at the bottom of facing page (see page 6 of this Grapevine issue).*

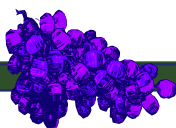


January 2016

Los Gatos-Saratoga Branch  
American Association of University Women  
14415 Evans Lane  
Saratoga, CA 95070

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### Contact Changes for Your Directory

#### Changes for Your Directory

Mary Sessler

Add Cell Phone (408) 691-2293

Please send any additions, corrections or changes in the Directory Information to Louise Quenon, Database Manager, [Quenon@comcast.net](mailto:Quenon@comcast.net)



### Know of a Member in Need of a Little Sunshine!

Do you know anyone who is ill or in need of support? Did a member receive recognition?

Please send her information to Lavonne Marafino, our Sunshine Chair.

Contact Lavonne, (408) 867-1964; [lnmarafino@att.net](mailto:lnmarafino@att.net)



Los Gatos-Saratoga Branch AAUW

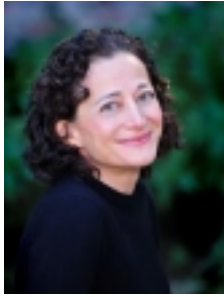
# Authors' Luncheon 2016

*Benefiting AAUW Funds*

*Tuesday, January 19, 2016*

*California Café (Old Town), 50 University Ave, Los Gatos*

*~ Meet our three authors and have them autograph their books ~*



Donia Bijan



Keith Raffel



Pamela Spahr

**Donia Bijan**, author of *Maman's Homesick Pie: Persian Heart in an American Kitchen*

**Keith Raffel**, author of *Temple Mount!*

**Pamela Spahr**, author of *Caregiver's Survival Toolkit: Go from Surviving to Thriving*

*~ Invite your guests and AAUW friends to a delicious luncheon and an irresistible dessert ~*

*~ (1) Ravioli – Vegetarian Choice, (2) Chinese Chicken Salad, and (3) Beef Au Jus ~*

**\$55 per person** (\$23 tax deductible)

Reservations with payment must be received by January 13, 2016

No-host wine bar opens at 11:00 am | Lunch served at 11:45 am

Open Seating Tables of 8 — Arrive Early to Select Your Seat

For additional information please call Judy Borlase, (408) 358-2262.

-----cut here-----

**Number attending** \_\_\_\_\_ x \$55 each = \$\_\_\_\_\_ (*Total Enclosed*)      **Meal Choice?** \_\_\_\_\_

**NAMES** as you would like them on badge(s): \_\_\_\_\_ **PHONE** \_\_\_\_\_

**Mail the completed form and check made payable to AAUW FUNDS** (*to be received by January 13, 2016*)  
**to Eleanor Yick, 105 Stacia St, Los Gatos, CA 95030** (*Your check is your receipt.*)