

February 2015 General Meeting



Co-sponsored by Los Gatos-Saratoga AAUW and El Camino Hospital, Los Gatos

Memory Loss, Dementia and Alzheimer's Disease: The Basics

Thursday, February 19, 2015

2:30 – 4:00 pm

in Conference Room 2 & 3, El Camino Hospital
(815 Pollard Rd, Los Gatos)

This program will cover topics such as:

- Warning signs of dementia
- Differences between dementia and Alzheimer's disease
- Diagnosis and risk reduction
- Research
- Accessing community resources

For additional information about this program, please contact Virginia Turner ~ (408) 866-4234 | vturner@sbcglobal.net

OPEN TO THE PUBLIC

Coming Next Month . . . **Microfinance Changes Lives – A Few Dollars at a Time**

Friday, March 27, 2015; 10 am to 12 Noon

in the Community Room, Saratoga Library (13650 Saratoga Ave, Saratoga)

- **Microloans** — the median loan is only \$6,000 — are about more than the dollars; they provide a chance to succeed.
- **Microsavings** accounts – 70% of which are held by women — open the door to college and to financial stability.

Brynne Speizer, of the Opportunity Fund, will explain how small loans and small savings accounts, combined with financial training and donor matches, can provide a real hand up for local women and families.



OPEN TO THE PUBLIC

Letter from the President

If someone asked you to name important people born in the month of February, you would certainly mention George Washington and Abraham Lincoln. I would like to introduce two women, also born in February, who have made significant contributions to American society.

Elizabeth Blackwell, the first female physician in the United States, was born February 3, 1821, near Bristol, England. As a girl, her family moved to New York State. She was awarded her M.D. by the Medical Institute of Geneva, New York, in 1849. She then established a hospital in New York City run by an all-female staff. She was also active in training women to be nurses for service in the American Civil War.

How far have women come in medicine since then? In 2009 the Nobel Prize in Physiology or Medicine was awarded to three outstanding scientists, two of whom are women. Elizabeth H. Blackburn, Carol W. Greider, and Jack W. Szostak were awarded the Nobel Prize for their discovery of "*telomerase*," an enzyme that allows cells to divide without dying and could play a role in the uncontrolled spread of cancer cells. It is the first time two women have been among the winners of the medicine prize. Carol Greider, an AAUW member, is a molecular biology and genetics professor at John Hopkins University School of Medicine in Baltimore. Elizabeth Blackburn teaches biology and physiology at the University of California, San Francisco.

Greider and Blackburn are examples of how supporting women

in science has brought groundbreaking changes within their disciplines and society as a whole. AAUW supports women in science and other under-represented fields through fellowship and grant programs, the National Girls Collaborative Project, and other educational programs.

Susan B. Anthony, a pioneer in women's rights, was born February 15, 1820, in Adams, Massachusetts. She worked tirelessly for woman's suffrage (*right to vote*) and in 1872 was arrested after voting (*illegally*) in the presidential election. She was commemorated in 1979 with the Susan B. Anthony dollar coin, thus becoming the first American woman to have her image on a U.S. coin.

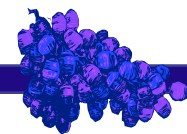
AAUW has a new tool that brings the history of women's suffrage to life and engages today's young women in the issues that keep them from achieving parity with men. This is a free online learning module called "*Women, Their Rights and Nothing Less*" which describes the suffrage movement and how women used the five freedoms of the First Amendment along with the media to advocate for change. Highlights include the first edition of the *Woman's Journal*, which became the leading suffrage newspaper; front pages from the radical suffrage newspaper the *Revolution*, founded by Susan B. Anthony and Elizabeth Cady Stanton; and photographs of the 1913 women's suffrage march in Washington, D.C.

—Virginia Turner, President
408-866-4234
vaturner@sbcglobal.net



"Don't let what you cannot do interfere with what you can do."

—John Wooden



Send a Ray of Sunshine to a Member in Need!

Do you know anyone who is ill or in need of support? Please send her information to Lavonne Marafino, Sunshine Chair.

Contact Lavonne at 408-867-1964, or Inmarafino@att.net



WOMEN In Politics:

Leading the Way

Panelists Include:

Sue Garner

Monte Sereno City Council Woman

Liz Gibbons

Campbell City Council Woman

Emily Lo

Saratoga City Council Woman

Marico Sayoc

Los Gatos Town Council Woman

Moderator:

Mary Gardner Ph.D.

Co-Author of Women's Ways of Leading,
Lecturer and Retired Superintendent of
Saratoga Union School District

February 23, 2015
7:00 – 900 pm

Campbell Community Center

Orchard City Banquet Room

1 W. Campbell Ave., Campbell
(Winchester Side of the Center)



Sponsored by
LWV Southwest Santa Clara Valley
For Questions and Information, Call (408) 598-1842
or email lww.swscv@gmail.com
www.lwv-sw-santaclara-valley.org



Co Sponsored with
The American Association of University Women
Los Gatos-Saratoga Branch

We Urgently Need You to Participate!

Seeking Members to Serve on Nominating Committee

Let us know if you can serve on the nominating committee. Contact Virginia Turner, the chair of the Nominating Committee, for more information vturner@sbcglobal.net; 408-866-4234.

Also we want to hear from you if you know a member who is a leader and can serve as an elected officer for next year.

There are many roles to play in the branch. Consider becoming a board member. When the committee calls, step up and help make the branch work for all members.



Our Successful Author's Luncheon in Pictures

Interesting Authors, Good Conversation and Delicious Food.

Photographs were taken by Louise Quenon.



*(Photo Above Left) Author & guest speaker, BARBARA JOANS – **The Changing Woman: Women of a Certain Age** (2013); (Photo Above Center) Author & guest speaker, ERICA GOSS – **Vibrant Words: Ideas and Inspirations for Poets** (2014); (Photo Above Right) Author & guest speaker, LAURI PASTRONE – **Share: The Cookbook That Celebrates Our Common Humanity** (2013).*



(Photo above) Good food and good company at the Author's Luncheon (seated left to right) Gladys Bernyk, Lynn Sprague and JoAn Lambert; (Photo right – from left to right) Karen Nelsen (Lauri's sister-in-law), Lauri Pastrone (Guest Author) and Mary Pastrone, longtime Los Gatos-Saratoga AAUW member (and Lauri's mother-in-law).



(Photo Above – from left to right) Dr. Babs Davis, JoAn Lambert, Jean Wenberg and Carol Howard; (Photo Above Right) Blenda Mariani and Sharon Kelkenberg (seated right); (Photo Bottom Right – from left to right) Dale Hill, Mary Pastrone, Audry Lynch, Sarah Model and Joan Kjemtrup; and (Photo Below – from left to right) Judy Borlase, Lynn Sprague and Arleen Pickett help with the Author’s Luncheon tables.



Notes from Board Meeting

From the January 12, 2014 Board Meeting

- We had a successful **Holiday Party** with 5 new members attending. Heartfelt thanks to our generous host Nancy Anderson. Remember to encourage friends to join our very active and interesting branch.
- **Upcoming programs** for the next 6 months has been set and look to be very interesting. Board approved a \$50 honorarium to each of the 3 non-profit presenters of these programs.
- The **Tech Trek** national program received a large donation from Lockheed which will support the summer science camps for young

female students around the country. It is still the duty of the local branches to raise funds to support the girls, so consider a contribution. We would like to fund 6 local students. Our member Blenda Mariani is very busy searching local schools for female applicants to this outstanding science program.

- All members are asked to help **recruit new members**. A local member brochure will be created – volunteer to help!
- **Nominating committee** is looking for the next leadership team. Say “yes” and participate actively.

Morgan Hill AAUW News! Wildflower Run Coming March 29

Plans are shaping up well for the 32nd annual Wildflower Run, and I hope you have marked the date, March 29, 2015, and decided how you would like to volunteer.

More runners mean more money for scholarships; help us by spreading the word to your friends and family. Ask them to visit the Wildflower Run website, <http://WildflowerRun.org> to register, or pass out postcards to members of groups you belong to.



March 2015
PM – Book Review Book.
Title: *The Final Judgement*, by Richard North Patterson.



Report of The Committee On Homeless Women And Children

Members of the Committee celebrated the Holidays on December 11, 2014 with the women at Commercial Street Inn. It was the worst day and night of the storms we had in December. We had some extra help Jean Ardnt’s husband, Don and my grandson, Haris, helped by carrying in food and gifts. Don helped with serving food and gifts. Each woman received three gifts.

After the women at CSI picked their gifts, we took the reaming gifts to the Villa, the transitional housing program.

Thank you to those who donated gifts. The women were delighted with their gifts.

SAVE THE DATE: The Local Scholarship Committee and The Homeless Committee will be planning The English Tea. The Tea is April 25, 2015. See next month’s *Grapevine* newsletter for more information and to sign up to attend this popular fundraiser.

–Pat Khan



2015 AAUW National Convention

Join us at the National AAUW 2015 Convention being held in San Diego June 18-21.

2015 Registration Rates

	Early Bird Jan16– Mar31,2015	Regular April 1– June21,2015	Daily
Member	\$475	\$525	\$225
Non-Member	\$549	\$575	\$275
Student	\$235	\$249	\$99
Guest*	\$289	\$299	\$199

**Guests may attend only the convention plenary sessions and may purchase tickets for the special events. Guests cannot be AAUW members.*



February 2015 AAUW Calendar

- 2** Monday **Board Meeting.** Meets at 3:30 pm in the Community Room at the Saratoga Fire Station, corner of Saratoga Ave & Saratoga-Los Gatos Road
- 3** Tuesday **Conversations in Spanish.** Meets 1:30-3:00 pm at the home of Nancy Anderson, 13561 Lomond Ct., Saratoga. RSVP: Nancy Anderson, (408) 867-4383 or Dander2567@aol.com. Chair: Sharon Kelkenberg, (650) 962-1656 . **Practice your Spanish conversational skills.**
- 6** Friday **Travel “Armchair Adventures”** Meets 7:30 pm at The Terraces, 800 Blossom Hill Rd, Los Gatos. **Red Sea Voyage: Athens to Dubai.** See exotic photographs and hear historical nuggets. On a three week trip during November 2014, Jeff Katz cruised in a small passenger ship from Athens to the Suez Canal, then the entire length of the Red Sea and into the Arabian Sea. *(Stops in Petra, Jordan, and Mt. Sinai, Luxor – along the Valley of the Kings.)* **Open to everyone.**
- 10** Tuesday **Committee for Homeless Women and Children.** Meets at 7:00 pm at Pat Khan’s home, 13710 Calle Tacuba, Saratoga. RSVP to Chair, Pat Khan, (408) 741-1616. **All Welcome!**
- 11** Wednesday **Let’s Do Lunch.** Meets at 12:30 pm at the **Blue Sky Chinese Restaurant**, 2028 Winchester Blvd, Campbell. Host: Barbara Hawkes. RSVP Barbara (408) 395-4397 or Linda King (408) 354-4105 **Everyone Welcome!**
- 12** Thursday **Valentine Hike – Monterey to Lover’s Point.** Bring your lover or best friend. Ramble along the Bay and Coast, look for whales or seals, relax with a seafood lunch on the wharf. Plan for a longer day. Meet promptly at 9:00 am at Los Gatos “Free Parking-Northside Lot” behind Starbucks. Questions? Jane Bishop, (408) 356-7796; Kay Duffy, (408) 867-0508.
- 17** Tuesday **PM Book Group.** Meets at 7:30 pm at the Saratoga Retirement Community, 14500 Fruitvale Ave, Saratoga. **Book: “Boys in the Boat”** by Daniel James Brown. Reviewed by Marlene Lamb, Co-Chairs: Pat Khan, (408) 741-1616; Marlene Lamb, (408) 497-1555.
- 19** Thursday **General Meeting.** Memory Loss, Dementia, and Alzheimer’s Disease: The Basics 2:00 to 4:00 pm in the Conference Rm, El Camino Hospital, Los Gatos, 815 Pollard Rd, Los Gatos. See the front page for details. **Open to the General Public! Bring a guest.**
- 20** Friday **AM Book Review.** Meets at 9:30 am. Everyone brings a book (good or bad) she would like to talk about. Meeting Location? Contact Margaret Bard, margaretbard@gmail.com; (408) 377-6625. **New participants welcome!**
- 24** Tuesday **Conversations in Spanish.** Meets 1:30-3:00 pm at the home of Nancy Anderson, 13561 Lomond Ct., Saratoga. RSVP: Nancy Anderson, (408) 867-4383 or Dander2567@aol.com. Chair: Sharon Kelkenberg, (650) 962-1656 . **Practice your Spanish conversational skills.**
- 24** Tuesday **Film Buffs.** Attend this fun group. For more information and meeting time and location, call (Chair) Mary Ellen Madden (408) 264-4488. **New “Film Buffs” are always welcome!**
- 26** Thursday **Back-by-Noon Hike.** Meet promptly at 9:00 am at Argonaut Center, Saratoga way out in front of CVS. Questions? Kay Duffy, (408) 867-0508; Jane Bishop, (408) 356-7796 .

March 2015

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- 6** Friday **Travel “Armchair Adventures”.** Meets at 7:30 pm at The Terraces, 800 Blossom Hill Road, Los Gatos. **Chile – Patagonia and the Atacama Desert.** Join photographers George and Tamara Mednick as they travel to the vast wild regions of Patagonia. See its pristine and sparsely populated land of Andean Mountain peaks, glacial lakes, grassland, steppes, and desert. The Atacama Desert in the North of Chile is the second driest place on earth, with brilliantly colored geological formations and quaint Chilean villages. **Open to everyone.**

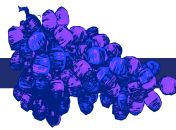


February 2015

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Grapevine Newsletter Editor, Gail Pedersen; Proofreader, Joyce Sogg; Calendar Editor, Joyce Sogg; **The final deadline for copy is the 10th of the month.** Copy to gail_pedersen@yahoo.com

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Contact Changes for Your Directory

Elaine Benoit

New Email:
ebenoit99@yahoo.com.

Joanne Cutting

New Email:
joanne4277@comcast.net

Please send any additions, corrections or changes in the Directory Information to Louise Quenon, Database Manager,
LQuenon@comcast.net

New Member Drive

AAUW is a trusted source for timely and vital information and for advocacy and action. We bring people together united behind the common goal of breaking through educational and economic barriers for women and girls. **It all begins in our Los Gatos-Saratoga AAUW branch.** Capitalize on your relationships and reach out to friends, co-workers, and members of other local organizations to find our next new member.

Invite Someone to Join Now?

AAUW helps provide a strong voice that makes a difference on critical women's and civil rights issues. Be sure to notice the half-year dues rates for new members joining between January 1 and March 15. New members joining March 16 or after will enjoy up to 15 months of membership.

Use the **New Member Application Form** in this *Grapevine* issue to sign up a new member. Questions? Call Gail Pedersen at 408-377-6895.

Branch Recruitment Drive

Do Your Part – Who Can You Ask to Join the Los Gatos-Saratoga AAUW?

How Vital is Recruiting New Members?

Bad News! Our membership has dropped by 10 to 18 people every year for the last 5 years. We have gone from 253 members in 2009 to the current level of 160 members this year.

The AAUW Los Gatos-Saratoga branch is at a crisis point in terms of membership! We need every member's help to build our membership and strengthen our branch. We have 160 current members. This year 2 members resigned after moving away, 4 of our longtime members died, and 9 members did not renew.

Good News! 12 new members have joined our Branch since last March 15 of last year. Double and triple the number of new members during the last 4 to 5 years.

Who Can I Ask to Join the Branch?

Talk to people you know about AAUW. Capitalize on your relationships and reach out to friends, co-workers, and members of other local organizations. Bring a prospective member to an interest group, general meeting or one of our fundraisers. **Give them the New Member Application Form** (see reverse side) to join right now.

Membership a Great Value Right Now

Be sure to notice the half-year dues rates for new members joining between January 1 and March 15.

Everyone likes a Good Deal! If you join as a new member after March 15, you receive membership for the remainder of this year and all of next year. New members will enjoy up to 15 months of membership.

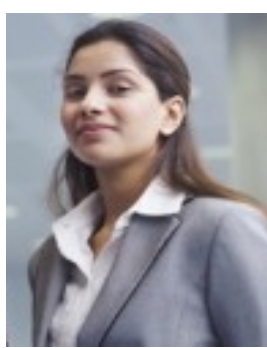
	<u>National</u>	<u>State</u>	<u>Branch</u>
New Member, Half Year (1/1/15 – 3/15/15)	24.50	16.00	20.00
New Member, 15 Months (3/16/15 – 6/30/16)	49.00	20.00*	20.00

*As you will recall, AAUW-CA members voted to increase the State dues from \$16 to \$20 starting with the 2015-16 year.

Qualification of Membership

Anyone holding an associate, baccalaureate, graduate degree or the equivalent, or nursing school diploma or business school associate degree from an accredited institution is eligible for membership.

AAUW values and seeks a diverse membership.



Use the New Member Application on Reverse Side to Join Right Now!



2015–2016 New Members Membership Application

Los Gatos-Saratoga Branch



For membership application questions, contact: Gail Pedersen, Membership Treasurer, 408-377-6895 or gail_pedersen@yahoo.com

Name: *(please print)* _____ **Spouse:** _____

1. Complete your personal information *(Please print.)*

Street address: _____ Apt: _____
 City: _____ State: _____ Zip: _____
 Home phone: _____ 2nd phone: _____
 Birthday – Month/Year: _____ cell work fax
 Email: _____

Education: (1) College/University/Location: _____
 Year: _____ Degree(s): AA AS BA BS Other _____
 Major: _____
 (2) College/University/Location: _____
 Year: _____ Degree(s): AA AS BA BS Other _____
 Major: _____
 (3) College/University/Location: _____
 Year: _____ Degree(s): AA AS BA BS Other _____
 Major: _____

Professional/Place of Employment: _____
 Work Status: Full-Time Part-Time Retired

Current member of another AAUW Branch: Yes; If yes, which: _____

2. Cost of printed & mailed Grapevine newsletter. To cover the cost of printing and mailing the newsletter there will be a yearly fee of \$10. *(A color Grapevine PDF is available free on the branch website. You will receive a monthly email – September through June – with the newsletter PDF.)*

Yes, I wish to receive a printed & mailed Grapevine for only \$10 per year.

3. Cost of the Dues and mailed Grapevine newsletter..

Special Rate from 1/1/15 – 3/15/15. Half Year Dues – 2014-2015 New Membership cost is **\$60.50 for half year** *(AAUW National \$24.50 – half price, State \$16 and Branch \$20).*

New Rate for 15 months from 3/16/15 – 6/30/16. Full Year Dues – 2015-2016 New Membership cost is **\$89 per year** *(AAUW National \$49 (\$46 tax deductible, State \$20 – a \$4 increase and Branch \$20).*

2015-2016 Dual Membership Dues cost is **\$20 per year** *(To qualify you need to have paid full membership for 2015-2016 in another branch, you only pay Branch dues of \$20).* \$ _____

Printed & mailed Grapevine, cost is **\$10 per year.** \$ _____

CHECK TOTAL \$ _____

4. Mail – this form and your check made payable to Los Gatos-Saratoga Branch AAUW.
Mail to: Gail Pedersen, (Interim) Membership Treasurer, 1451 Parsons Ave, Campbell, CA 95008

For office use only:	Date Received:	Check:
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