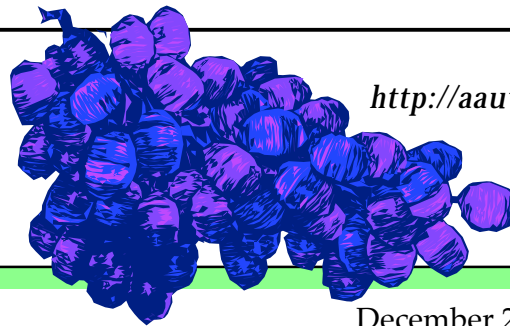


Grapevine



Volume 42, Number 4

December 2009



Join Us at the Annual AAUW Holiday Gala

Sunday, December 13, 2009
between 2:00 and 4:00pm
at the Vasona Terraces, Clubhouse (15400 Winchester Blvd.,
Los Gatos)

The clubhouse is on Winchester in the front of the complex. The parking will be along Winchester Blvd. The board is bringing Christmas treats, wine and a non-alcoholic punch. Lavonne is providing Champagne.

You are welcome to bring a plate of your favorite holiday goodies or a bottle of wine. The most important thing is that you come and have fun with your fellow AAUW friends.

Wonderful News About Tech Trek Support

Tech Trek, Los Gatos Saratoga Branch, had a wonderful surprise. We received this message from the Finley Family. *"Thank you for sponsoring Sarah for Tech Trek 2009. She had a wonderful experience and we would like to make a contribution to your Tech Trek 2010 campership fund so that another girl may have a similar opportunity."* The check was for \$500. This is the first time anything like this has happened.

We now have more than enough to send four girls next year. We are still hoping a member will prevail on their service club to include Tech Trek in their scholarship program.

—Nancy Hobbs

Stanford University
July 23, 2009

Dear Saratoga/Los Gatos AAUW,

Thank you so much for sponsoring me to attend tech trek. I've had a really great time and have learned a ton over the week I have been here. I've made a lot of new friends and became a lot more knowledgeable in math and science.

I have had so much fun and I am very grateful for giving me the chance to come to this great camp.

Thank you so much!

—Sarah Finley

For 3 more wonderful Tech Trek Campers' Thank You letter turn to page 7.
(Next month's Grapevine will include the last 2 thank you letters.)



Message from the President

By now most of you have read or heard of our good news that Mary Surginer has become our candidate for the office of President-Elect for 2009-2010. She will be elected at our November 21, 2009 General Meeting at the Saratoga Library. The time is 10:00am. Mary has been our Program VP and has done a great job arranging our programs for the year for us. Since all programs are in place for 2009-2010, Mary has graciously volunteered to put her name forward as the new President-Elect for 2009-2010.

I thought I would tell you the highlights of our November 2, 2009 Board Meeting, which I think are important to all of us.

Updates on members and committees in action.

- Marge Bunyard and Sharon Kelkenberg presented the results of their hard work on the By-Laws as mandated by National AAUW to the Board. Many thanks to both members on their job well done.

- Virginia Turner, Chair of the Local Scholarship Fundraiser, and her committee were given our thanks. Their Fundraiser, Taiko Drums, took place on the 25th of October. See article in the Grapevine for details.
- Lynn Sprague received our grateful thanks for assuming the role of mailing the Grapevine for the 2009-2010 year. Again, thank you, Lynn.
- Mary Surginer, Program VP reported that all is in place for our November 21st General Meeting to be held at the Saratoga Library at 10:00am. See the Grapevine for further details.
- Gerry Furman's husband, Ted, passed away on the 29th of October. Our heartfelt condolences are sent to her with the help of Peggy Corr.
- Ethel Worn has been quite ill, but is well on the road to recovery, if not already completely well. We want her to know that we are all happy to hear this.

- Anita Wolf, our membership treasurer, has graciously offered the club house at her complex to us for our **Sunday, December 13th** Holiday Party at the Vasona Terraces on Winchester Blvd.

In The News

AAUW member Carol Greider, who holds a chair at the John Hopkins University School of Medicine, won the Nobel Medicine Prize in Medicine, along with Elizabeth Blackburn and Jack Szostak. They were honored for discovering a key mechanism in the genetic operations of cells, an insight that inspired new lines of research into cancer. This year, a record five women were honored by the Nobel committees. In total, only 40 women, including Marie Curie whose groundbreaking research on radium was supported by AAUW, have been named Nobel laureates. More than 800 individual awards have been bestowed since 1901.

I look forward to seeing you on Saturday, November 21 at our General Meeting.

—Lavonne Marafino



Recipe

Joyce's Baked Chicken Wings

These Baked Chicken Wings are a great hit at holiday parties, potlucks and while watching sports. You can make them ahead and reheat them right before serving. Good served hot or warm. *Note: if using 5 lbs. of chicken drumettes, increase the sauce to equal parts of 2/3 cup instead.

Makes: 6 servings (3 lbs. of wings) and
10-12 servings (5 lbs. of wings)

3 to 5* lbs of Chicken Drumettes
Paprika, to sprinkle on wings

Sauce:

1/2 cup sugar
1/2 cup soy
1/2 cup dry sherry

1. Combine the sauce ingredients and stir to dissolve the sugar. Set aside.
2. Nicely brown the drumettes (sprinkled with paprika) in a teflon-lined pan.
3. Use a baking dish large enough to hold the wings in a single layer. Spray a pyrex baking dish with non-stick cooking spray. Arrange the browned drumettes in a single layer, and pour the sauce over top. Cover with aluminum foil.
4. Bake at 300° F. for 2 hours, remove the foil cover and continue baking for an additional 1 hour to finish browning the wings. Serve either hot or warm.

—Joyce Rastatter, AAUW Recording Secretary

Hikes & Walks – Shaping Up for an Adventure Recruitment

I was reminded that every second and fourth Thursday of the month should be reserved for “really important adventures.” So, on the second Thursday of October I met the hiking group at the Argonaut Shopping Center in Saratoga. (I was eager, so I was there waiting, half an hour early!) The second Thursday hike is the most invigorating level of the hikes offered, so I was ready with my hiking boots, my bottle of water, a warm jacket and hat. We all piled into Kay Duffy’s van and went to the Purissima Open Space Preserve near Half Moon Bay. We hiked through gorgeous trees, babbling water and beautiful scenery for three or four hours (I’m not very fit so it may not have been that long) before we got back in the van for a mid-afternoon meal at Barbara’s Fish Trap. Wow! You just can’t beat a day with healthy exercise, good food and fascinating companions.

Next, I tried the fourth Thursday for a “Back by Noon” walk. This time we met in Los Gatos, and walked on the Los Gatos Creek Trail to Lexington Reservoir, or almost that far when we realized we needed to turn around in order to get back by noon. This time I didn’t wear hiking boots, since this hike is more of a walk and not as challenging as the second Thursday is. The fourth Thursday is an unplanned adventure, devised on the day.

Every two months there is an additional hike that is mostly to clean up the Los Gatos Creek Trail on the portion our branch has adopted. Sue Boyd originated this public service a few years ago. After the trail is tidied up a bit of hiking is done. This is probably a good place to start if you’re not sure of your hiking capabilities.

Kay Duffy has been planning and leading these hikes for the last 36 years. She was coaxed into doing it by several women who helped her win the vote for the Open Space District in 1972. She agreed to relieve the previous Hikes leader, a woman in her 80’s who wanted a replacement.

Over the years she has had several assistants, but for the last twelve years Jane Bishop has provided help and inspiration. The two of them get together in the summer and plan the next 12 months’ hikes. I asked how often they have to repeat and both Kay and Jane said there are so many great hikes in the Bay Area they don’t repeat unless the members insist upon it. There are lots of the great fun places to go still.

Like me, Jane Bishop said lots of people complain about the pace when they first start hiking (I describe their pace as just a few steps faster than I’m able to move), but later those same people went off to Nepal or New Zealand for a really big hiking adventure! I’m hoping this will happen to me.

Apparently, hiking is a strong magnet for people who have recently retired and want to get some healthy exercise. In the past there have been as many as three carfuls of people hiking regularly, but recently the numbers have dwindled. There are about a dozen active members but this is a good time to join the group and become fit. Both Jane Bishop and Kay Duffy are examples to emulate.

And don’t let the weather keep you home. They hike rain or shine! For more information and details please phone Kay Duffy, 867-0508 or Jane Bishop, 482-6613.

—Margaret Bard

Strengthen Our Branch

Recruiting new members is everyone’s responsibility. When you know of a qualified prospective member, notify the Grapevine Editor, Gail Pedersen, who will mail that person a welcome letter, copy of the latest Grapevine, and a membership application.

Guests are welcome at branch programs. You can invite any prospective member to join us at an upcoming event. If each member could identify and invite one candidate, we could grow and strengthen our branch.

Outreach to Prospective Members

We have revised the membership packet for 2009-2010. This packet includes an application, interest survey and a welcome letter. The letter provides basic information about AAUW and our branch. The packet is available as a PDF and can be emailed to the interested person or to you (as the recruiter). We can also mail a printed packet to prospective members.

Membership Forms are on the Web

Also, we have updated the membership page on our website to provide PDF’s of the welcome letter and application/interest survey. They can be found at aauw-lgs.org on the membership page.

For information about membership, contact Lavonne Marafino, nmarafino@aol.com, 867-1964.

Volunteers are welcome.

Please consider joining our leadership by filling one of the following positions:

- Membership VP
 - Publicity
-

San Jose Taiko Performance a Rousing Success

There were smiles all around – the San Jose Taiko performers seemed to enjoy themselves as much as the audience – and the drums captured everyone’s attention as we enjoyed an afternoon of entertainment and education at Geary Hall in Saratoga. The musical numbers were interspersed with information about the background and traditions of Taiko music, which came to America with Japanese immigrants about a century ago and has been growing in popularity ever since. Used in religious ceremonies, on the battle field and in rural villages to provide signals and information, the various rhythms and tones of Taiko provided a range of musical styles, and the choreography added stunning visual impact to the performance. Truly a memorable event!

We enjoyed meeting the new president of West Valley College, Dr. Lori Gaskin, who attended the performance, along with Ginny Aragon, our Committee Liaison with the College. With college costs increasing and funding hard to find, we will be able to offer 3 scholarships of \$1,000 each

to women who are transferring to a four-year institution to complete their degrees in a math or science related field. Our generous donors and guests deserve as much applause as our entertainers for helping make that funding possible.

Many thanks to Sumi Tanabe who made the arrangements with San Jose Taiko, to Margaret Bard who handled the reservations, and to Gladys Armstrong, Donette Dake, and Lavonne Marafino who brought delicious cookies, helped set up and clean up, and welcomed our guests. I appreciate all your help and support.

Our committee will be reviewing the scholarship applications in the spring and will introduce our winners at the EF Potluck Luncheon on Saturday, April 24. We encourage you to come and meet them; they are always a very inspiring group of women. If you would like to join the committee, call me at 866-4234 or email vturner@sbcglobal.net.

–Virginia Turner, Local Scholarship Committee Chair

Seeking Volunteer Opportunities!

A member of the San Jose AAUW Branch (Cathy) is volunteering at the Georgia Travis Center (GTC) warehouse. She has some volunteer activities for AAUW members.

1. Help is needed to sort out the toiletries from hotels/motels. This would require someone to go to GTC warehouse located at 297 Commercial St, San Jose. There are bins for shampoo, conditioner, etc. You could sit while you do this job.
2. Small baby and toddler items need to be sized and put in plastic bags. Cathy or her husband would bring large bags of items for you to sort and package. This can be done at your leisure. Small plastic bags provided by GTC. When you are finished, Cathy or her husband would pick up the sorted items.

Please call Pat Khan, 741-1616 or email PAKhan@aol.com to help.

–Pat Khan

Get a Shingles Shot!

An alert to all my AAUW friends from Nancy Anderson.

In June my husband, Doug, age 87, could be found at either Fry’s Electronics or Orchard Supply buying items he needed to complete his many tasks at home. He was both healthy and independent. On the 4th of July he developed a rash on his chest and back along with a terrible pain in his stomach. This began the succession of doctor’s visits and scopes, x-rays, scans, etc. He was diagnosed with shingles, everything else was fine. The doctor put him on an antiviral medication and we looked forward to being back to normal in a few weeks. But he did not recover quickly. He was so weak that he could not leave the house on his own.

On September 17 he was hospitalized with pneumonia, the doctor agreeing with me that he probably wouldn’t be there if he had not had shingles. Here we are at the end of October – he is using a walker, cannot leave the house on his own, and after a few hours of

activity requires an equal amount of rest, but happily is back at the computer and doing repairs around the house..

I had heard about shingles, but assumed it was some minor rash that soon went away. Last year, because I had had chicken pox, I got the vaccine. This will not necessarily prevent my getting them, but could lessen the severity.

The CDC says anyone over 60, should get the vaccine as 1 out of 2 people over 80 will get shingles. Because the virus remains in the body, anyone who has had chicken pox can develop this disease. Anyone who has not had chicken pox can be infected by being exposed to someone who has an active case, usually by direct contact with the open blisters. I suggest you go to www.mayoclinic.com, an excellent website for full information.

This disease is not a minor rash, it can be the cause of some very serious side effects. GET A SHOT!

Recollections of Sister Rosie

I thought about Sister Rosie last night. Then in reading her obituary this morning, I liked what they said about her being fun with a great sense of humor. I'd see her when I took Irmalyn (Benkert) to mass at Santa Clara Mission, and she'd always wait to talk with us. Sister Rosie was passionate in her work with the poor, and happy in her religious life, doing God's work.

Rosie will be missed and remembered by many. –Marlene Lamb

Not only was Sister Rosie a friend, but was also my spiritual counselor. Our ongoing, playful exchanges were due to her trying to turn me into a Catholic. She felt that as I was an Episcopalian I was almost, "there." It was to her I went when my beloved sister died. My mourning was going on and on and I expected her to agree. I was taken aback when she said, "Yes, you will miss her, you will be sad, but you have to let her go. You can't take her away from her Glory."

So dear Rosie. I will miss you but I will think of you, to the strains of the African music we heard at your funeral, moving on to your next experience and to your Glory.
–Nancy Anderson

Sister Rosie was one of the most compelling, sensitive and caring people I have ever known, and she had a wicked sense of humor. In her work with the homeless, she was able to solve difficult situations and care for those in the most need, without letting emotions take over. She was a friend and a person I enjoyed talking to and she certainly walked her faith each day.

Rosie, we will all miss you and you have left a big hole in the world with your passing. –JoAn Lambert

Homeless Committee News

On October 31, our Committee, AAUW, and the world lost what a completely unique individual. Sister Rosemary Statt, our "Sister Rosie," lost her fight with breast cancer. This woman devoted her life not only to her faith, but to helping people whatever their challenge, whether teaching in Hell's Kitchen, Harlem, Uganda, East Africa, or doing social work for Catholic Charities in San Jose or working as the first Director of the newly formed Georgia Travis Center (GTC). This is where AAUW came to know Rosie as many of us volunteered at the Center under her direction.

Her first meeting at GTC will not be forgotten by many of us. Sitting around the meeting room table we were ready to get our orders, the homeless women and children were outside the door with a myriad of pressing needs. But Sister Rosie, asked us all to pause and quiet ourselves, which we did, and then quietly she said, "We have wonderful work to do here, but always remember, this is a holy place." Most of us had not thought of the GTC in that way and I would guess that none of us ever for got it.

Work she did and always with her legendary sense of humor. At the funeral, her brother, Reverend Thomas Statt, commented on Rosie as being somewhat irreverent. Rosie enjoyed a good joke but mostly she loved golf. We were reminded of this when Sister Margaret Gregg recalled that Rosie found the golf courses in Uganda that the British had abandoned and made good use of them. How many nuns would have a funeral wreath of green flowers with an embedded golf club!

The Christmas Party at the GTC will be in mid-December. If you care to donate gifts for the women, you can

drop them off at Nancy Anderson's house, just leave them on the front porch. If you wrap them, please tack on a description of the item and the size. Of course, money is always accepted, the Committee will use it to buy gifts for the women.

A reminder to travelers – we appreciate your collecting the extra shampoos, soaps, etc., from your hotel rooms. They are given to the women at the GTC. They can be left at JoAn Lambert's house or brought to the General Meetings.

–Nancy Anderson



Special Art Appreciation Lectures

"Birth of 20th Century Modern Art: Picasso and Matisse"

Saratoga Foothill Club,
20399 Park Place, Saratoga
January 6 and 13, February 3
and 10, at 7:30pm

Fran Rushing, MA, is a dynamic speaker and talented photographer who currently teaches art history at DeAnza College.

This series of lectures will follow the lives and art of these two great artistic geniuses of the 20th century.

\$80 series donation to Saratoga Foothill Club Historic Landmark Foundation

Information Marlene Duffin
Marlduffin@aol.com or call Nancy
Dusthimer, 867-9048.

Recollections of the 1950's

In the 1950's Saratoga/LosGatos Branch was involved in a bond election to build a local high school in Saratoga. The Saratoga News recently featured an article of former teachers and students celebrating Saratoga High School's 50th anniversary. The article appeared in the Tuesday, October 20th, 2009 issue.

Fellowship Funds were raised by a bridge and canasta party, silent auction, lunch and fashion show at Allied Arts in Menlo Park. Other fund raisers for Fellowship were a fashion show luncheon at the Rinconada Country Club and a Meet the Architect Tea at Montalvo. In October 1953, under the presidency of Gladys Aitkin, a dessert and card party was held at Robert Kirkwood's 17 room Italian Villa named Bella Villa. \$230 was made for Fellowship.

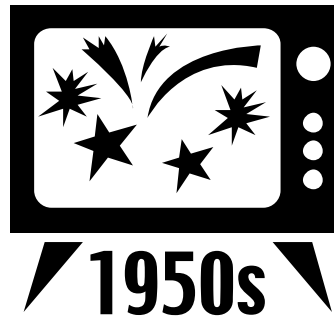
A summer demonstration school for nursery and kindergarten teachers and parents observation of four or five year olds was sponsored by our Branch under the guidance of Betty Peck. This later became the Easterbrook Farm School.

The AAUW Inter-Branch Council was formed with presidents and social studies chairs from San Jose, Palo Alto, Los Gatos/Saratoga and Santa Clara Branches. Lockheed moved into the valley and our membership grew to 209. AAUW was dubbed the "Lockheed Wives Club."

Gwen Penniman, AAUW member, gets the credit for starting several language sections in the local schools for children. Spanish, Italian, French, Japanese and German were being taught after school to elementary school children.

Claire Loftus handed over her presidential gavel saying, "Now I can go home and take off my girdle."

A MEET THE AUTHORS' TEA,



chaired by Nancy Hobbs, Fellowship Chair, was moderated by Dr. William Dusal, Vice-President of San Jose State College. It included children's author, Edith Thacher Hurd; Bernice Carey, writer of mysteries and Emma Gelders Stern, author for teenagers. The Program was held at the Saratoga Foothill Club in 1958 and Betty Hammon was president.

Under President Louise Cooper, a committee was formed to screen and recommend members for public office. Louise Easterbrook was recommended for the Los Gatos Union High School Board of Trustees.

It was during Louise Cooper's tenure that the Branch started taking \$1.00 of the annual dues for Fellowship. The social service group adopted a Ward at Agnew State Hospital and provided Christmas and July 4 parties and a volunteer teaching program.

The fifties ended with 47 new members and Mary Drake passed the gavel to Ruth Cannon.

—Jean Wenberg, Historian.

Independent Women

Gladys Armstrong graciously arranged for our speaker, Tessatea Tusscher, who was to speak on the topic, "Assisted Living at Home." Unfortunately, she had to cancel at the last minute. Hopefully, Ms. Tusscher will be able to speak to our group at a future meeting.

Gladys' husband, Dr. Fred Armstrong, joined our meeting answering our questions about our health issues and taking questions about the proposed health care plan working its way through Congress. The meeting was very informative.

We will not be having a meeting in December, but mark your calendars for January 6th when the topic will be "Selling on eBay." Sarah Model's son, Fritz, who is an employee at eBay, is arranging the presentation. He wants to target the presentation to our individual selling questions so, if there is any information you specifically need to know, please call Sarah Model a few days before the presentation. This will be a great opportunity to think about cleaning out your garage and disposing of the "white elephants" which have accumulated over the years.

Look for specifics about the meeting in the January 2010 Grapevine Calendar.

—Sarah Model

National Women's History Museum Bill Introduced in the Senate

The **National Women's History Museum Act** (S. 2129/ H.R. 1700) was introduced in the Senate by Sen. Susan Collins (R-ME) on Oct. 29. The bill, which passed the House on Oct. 14, permits the National Women's History Museum to purchase land near the National Mall for a museum in appreciation of women's many accomplishments and contributions to our nation. AAUW is a strong supporter of S. 2129/H.R. 1700.

December 2009 AAUW Calendar

- 1 Tuesday **Conversation in Spanish**, 1:30-2:30pm, at the home of Nancy Anderson, 13561 Lomond Ct., Saratoga. Contacts: Sharon Kelkenberg, 867-0588 or Helen Lemmon, 867-0575.
- 3 Thursday **Hikes and Walks Trail Clean Up**. Meet promptly at 9:00am in the Los Gatos Park and Ride.
- 7 Monday **Board Meeting**, 3:30pm, at the Saratoga Fire Station, corner of Saratoga Ave & Saratoga/Los Gatos Road.
- 8 Tuesday **Committee for Homeless Women and Children**, Gift Wrapping of GTC presents, starting at 11:am. Potluck Lunch 12:00 noon. At the home of Nancy Anderson, 13561 Lomond Ct., Saratoga. RSVP to Nancy Anderson, 867-4383. Chair: Pat Khan, 741-1616.
- 9 Wednesday **Let's Do Lunch**, 11:30am La Riconada Club, 14595 Clear View Drive, Los Gatos, 395-4181. For reservations, call hostess: Nancy Christensen, 356-1181. Guests and members welcome! For more information call Chair: Clare Baker, 867-2295.
- 10 Thursday **Holiday Hike and Party**, meet promptly at 9:00am at Los Gatos Park and Ride. One of our favorite hikes – along the banks of Fall Creek under redwoods. We will lunch at the friendly Hallcrest Winery. Bring holiday “goodies” to share for lunch. Kay will provide drinks, plates and utensils. If the weather is really poor, we will party and Kay's at 11:30am. Questions? Call Kay Duffy, 867-0508; Jane Bishop, 356-7796.
- 13 Sunday **December Holiday Party**, 2:00 – 4:00pm. Location: Nancy Anderson's home, 13561 Lomond Ct., Saratoga. *See front page for details.*
- 15 Tuesday **PM Book Review**, Holiday Gathering. 7:30pm at the Saratoga Retirement Center. RSVP to Licia Thomson, 741-7611. Bring cookies or finger food to share. Also if you wish, bring a poem or literary selection you'd like to read. For information call Co-chairs: Pat Khan, 741-1616 or Marlene Lamb, 356-8441
- 24 Thursday **Back By Noon Hike, Christmas Eve!** Meet promptly at 9:00am at Argonaut Center, Saratoga be sure to park way out in front of CVS Drugs. Take a break from all the chores with some fast exercise.

Thank you notes from July 23, 2009 Tech Trek Campers

Stanford University
July 23, 2009

Dear Los Gatos/Saratoga AAUW,

Thank you so much for sending me to Tech Trek, it was so fun. I have made tons of friends and it has really helped me become excited about going to college. I really liked the boat trip and found it very useful and cool.

Thank you again.

Sincerely, Madison Venture

July 23, 2009

Dear Los Gatos/Saratoga AAUW,

It is really fun here at Tech Trek. I've met SO MANY new friends and it's amazing. I've learned so many new things and everyone is really nice. Also the food is good!

One of my favorite classes was Biotech. It was really cool. I wish I could do this every year. Thank you for sending me!

Joan Yun

Stanford University
July 23, 2009

Dear Los Gatos/Saratoga AAUW,

Thank you so much for sending me to Tech Trek this July. I had a great time here and made a ton of friends. I also learned a ton about all sorts of science and math.

It was really interesting to listen to all of the women at Professional Women's Night. We got to learn about their jobs and ask questions.

I was really sad when the week came to a close. I hope I can remember everything I have learned.

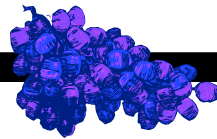
Sincerely, Natasha Noskowski



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 Saratoga, CA 95070

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December 2009



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